Chapter 9

Heads and feet in prosody, poetry, and natural metrics

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This paper focuses on three issues concerning headedness vs. grammatical anarchy in German prosody. 1) Language contact: Poetic metres which are designed without metrical heads cannot be transferred to German without heads. 2) Language change and syntactic structure: German(ic) anacruses are ‘headless’ structures in terms of prosody – but the result of subsystem interactions. 3) Theory of metrics: Natural metrics privileges a flat prosodic hierarchy.

1 Poetic metres as long-term experiments of perception

Heads and feet in prosody, poetry, and theories of metrics will be investigated in this paper from the perspective of natural metrics. Natural metrics is part of naturalness theory (cf. Donegan & Stampe 1979, Hurch & Nathan 1996) and takes seriously the evolution of metrical systems as a result of long-term experiments of language perception and production. This implies that metrical systems do not evolve in arbitrary ways but, under default conditions,¹ offer language-based structural features. Within this framework, the question of headedness inevitably leads on to the next question of whether there is independent evidence for internal hierarchies of linguistic structures in traditions of poetic production and reception. The argumentation is not cyclic, because metrical systems change as a consequence of language change (cf. e.g., Noel Aziz Hanna 2008b).

¹Metres which are not forced from outside onto the speakers’ community but develop over long periods of time only stylise linguistic features which are part of everyday speech (Vennemann 1995; cf. also Miller 1902, Allen 1973).
The evolution of a metrical system is a collective decision of the speaker community about the stylisation of their mother tongue. When foreign poetic patterns are transferred into the native system, the integrated patterns are hypotheses about the foreign linguistic system; they are assumptions about structural properties of that language. A theory of metrics, in contrast to poetic practice, is the scholarly perspective on poetic production, i.e. the abstraction of the mentioned collective knowledge as an interpretation of linguistic output. As a consequence, both poetry and metrical treatises offer insights into linguistic structure.

It will be argued in this paper that the German poetic tradition provides evidence for a flat prosodic hierarchy. In this flat prosodic hierarchy, stressed syllables form the heads of feet. There are no layers which extend to morphology (e.g., ‘prosodic word’) nor to syntax (e.g., ‘clitic group’); instead, interactions between phonology, syntax, and other linguistic subsystems are assumed. Three aspects serve to illustrate headedness vs. grammatical anarchy:

1. Language contact: Poetic metres which are designed without metrical heads cannot be transferred to German without heads.

2. Language change and syntactic structure: German(ic) anacruses are ‘headless’ structures in terms of prosody – but the result of subsystem interactions.

3. Theory of metrics: Natural metrics privileges a flat prosodic hierarchy.

The first aspect gives empirical evidence for an approach which takes the relation between feet and stress seriously. The second one provides evidence that anacrusis cannot be dealt with from the perspective of prosody alone. The third aspect explicates the relation between metrical and phonological theories with respect to headedness.

For a theory of metrics, its phonological foundation as well as the headedness of feet are not trivial issues. The question of whether feet belong exclusively to the domain of metrics or to the domain of prosody, or whether they are inherited from prosodic to metrical systems is a matter of debate. Furthermore, there is the question of whether metrics can be handled exclusively within phonology. Theories of metrics have always been dependent on linguistic theory, which is especially evident with respect to the subject of headedness.

2 Language contact: prosodic and metrical heads

In Standard German well-formed language rhythm, every syllable is assigned to a foot. This is not an arbitrary or mere theoretical regulation, as many examples
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dealt with by prosodic morphology, such as morphological shortening, show (cf. e.g., Liberman & Prince 1977, Vennemann 1995; cf. also Dresher & Lahiri 2005 for metrical shortening). The foot implies headedness for German prosody and metrics, i.e. stress.

The relation between prosody and metrics can be demonstrated by the integration of metres without feet\(^2\) into stress-based metrical systems. The French alexandrine (1a) was transferred to the German metrical system (1b).

\begin{enumerate}
\item \textbf{a. French alexandrine: }\(\sigma\sigma\sigma\sigma\sigma\sigma || \sigma\sigma\sigma\sigma(\sigma)\)

\begin{verbatim}
Je suis, mon cher ami, très heureux de te voir
I am my dear friend very glad to you see
\end{verbatim}

\textit{(Asterix et Cleopatra)}

\item \textbf{b. German alexandrine (transl. of (1a)): }\(|x|x|x|\|\ x|x|x|\x|(x)\)

\begin{verbatim}
Ich bin, mein lieber Freund, sehr glücklich, dich zu sehen.
I am my dear friend very glad you to see
\end{verbatim}

\textit{(Asterix und Kleopatra)}

\begin{verbatim}
'I am very glad to see you, my dear friend.'
\end{verbatim}
\end{enumerate}

There are two revealing innovations in the German alexandrine: anacrusis (cf. Section 3) and stress-based feet. The French syllable-counting alexandrine originally did not have feet.\(^3\) Therefore a product of linguistic imitation like the German alexandrine, which clearly is based on feet, provides evidence with respect to prosodic hierarchy in the framework of natural metrics. The German alexandrine is an artistic form which represents the German language community’s implicit knowledge about prosodic headedness, more precisely, the structure of prosodic feet.

The French model is constructed without feet: In the 16th century, the French alexandrine consisted of 12 to 13 syllables with a caesura after the 6th syllable (Coenen 1998: 107). The form of the French alexandrine has undergone intense discussion (cf. e.g., Bunia 2014, Dufter 2010); for its integration into German, the relevant question is what was perceived and considered well-formed by its German imitators. Obviously, the number of syllables was understood to be an essential feature of the metre, cf. the definition in Wagenknecht 2007 (s.v. Alexandriner; transl. PN):

\(^2\)For another aspect of prosodic integration, consider the incorporation of quantitative Classical metre into non-quantitative German metre, cf. e.g., Wackernagel (1831) and Noel Aziz Hanna (2008a).

\(^3\)For experiments of syllabic alexandrines in the Netherlands and in Germany cf. Gasparov (1996: 192-197).
Metre of French origin: twelve or thirteen syllables (depending on the male or female ending) with a colon after the sixth syllable. [...] Since Opitz, the German alexandrines contain six iambics.\footnote{"Versmaß französischer Herkunft: Zwölf- oder Dreizehnsilbler (je nach männlichem oder weiblichem Schluß) mit Kolongrenze nach der sechsten Silbe. [...] Seit Opitz baut sich im Deutschen der Alexandriner aus sechs Jamben auf."}

Opitz in his poetic treatment Buch von der Deutschen Poeterey (1624) perceived the French alexandrines as an iambic metre and combined this with syllable counting and caesuras. His imitation became a consensus in the German literary tradition. The donor language’s ‘lack of’ foot formation was either not understood or considered non-imitable by the users of the target language. The French alexandrines were not iambic and, what is more, it did not contain feet at all, cf. Meschonnic (1982: 229):

La nuisance du terme pied vient de ce qu’il n’y a pas de code métrique, pas de pieds, et, en ce sens, pas de métrique, en français. [...] Comme la seule règle métrique, pour l’alexandrin régulier, concerne l’accent à la 6e et à la 12e position, les autres accents sont rythmiques, non métriques.

This stands in line with French, which is not an iambic language but instead – and fitting well the caesuras – has phrase-final stress (cf. Meschonnic 1982: 229, Kuryłowicz 1945, Jun & Fougeron 2002). For a native speaker of German, however, French disyllabic words sound iambic; words in word lists are stressed like one-word sentences, which, because of the phrase-final stress, are interpreted as iambic feet. Trisyllabic French words would, of course, result in an anapaestic interpretation; the alexandrines, however, was not stylised as a metre with both binary and ternary feet. The reason may be that, in the 17th century, German metricists excluded ternary feet from German poetry.\footnote{Ternary feet had unsuccessfully been proposed by August Buchner in his Anleitung zur Deutschen Poeterey (1665).} As a consequence, the iambic interpretation of the alexandrines was canonised.

The linguistic question which poses itself is whether the fact of reading iambics into a metre without feet is indeed language-based. In other words, how likely is the assumption that an integrated metre like the German alexandrines does not encode linguistic structures. If what we find is not the consequence of stress-timed German rhythm, why is there syllable counting plus feet and not just syllable-counting? Why are the feet of the German alexandrines stress-based and not, for instance, mora-based? Why do these feet consist of two syllables instead
of, for example, five syllables? The German pattern shows the aforementioned non-arbitrary innovations. Thus the German iambic alexandrine is an example of fossilised foreign language interference: the French syllable-timed metre was interpreted as an iambic one.

Integrated metrical patterns reveal implicit linguistic knowledge. Foreign linguistic and also foreign metrical patterns can only be interpreted within the boundaries of actual speakers’ linguistic horizons. Poets work within the rhythmic categories of their native tongue. Thus native prosody shines through in integrated metres – in the process of integration, metres borrowed by German poets show stress-timed rhythm. Those metres were assessed by sometimes generations of language producers and language recipients. In the German literary tradition, only metrical patterns which could both be successfully produced by poets and easily received by listeners in terms of their linguistic well-formedness were canonised. Both conditions were met with the German alexandrine. The German alexandrine provides independent evidence for the psycholinguistic reality of stress-based feet in German.

3 Language change: anacrusis

Metres stylise sentence rhythm, which results from an interaction between phonology and syntax. The stylisation of sentence rhythm in a metrical pattern means that implicit knowledge of not only prosody but also of syntax is encoded. So what does Germanic anacrusis reveal about headedness?

The Standard German language rhythm is trochaic-dactylic. Nevertheless, the alexandrine, as an ‘iambic’ metre, fits German so well that it was even used as the predominant verse in German baroque drama. The reason for this fit⁶ is that unstressed syllables typically occur at the beginning of German sentences. Since the Germanic long line is generally assumed to have been filled by a sentence, anacruses represent beginnings of sentences. Therefore the monosyllabic unstressed syllables at the beginnings of alexandrine lines stand in a long tradition of Germanic anacrusis, with up to fourteen unstressed syllables⁷. Limiting the anacrusis to only one unstressed syllable is a specific trait of the alexandrine in

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⁶According to (Hanson & Kiparsky 1996: 294) constraint FIT, “languages select metres in which their entire vocabularies are usable in the greatest variety of ways”. The idea of lexical fit is extended in this paper to syntactic fit.

⁷Heusler (1925: §216) gives as an example of anacrusis (italics) in the Old Saxon Heliand (Heliand, VII, 605.2): Saga ūs, undar huilicumu he sî thesaro cunneo afôdit ['Tell us of which of these families he sprouted from'].

the sense of a strict regulation. The alternative to the scansion of the German alexandrine from the beginning of this article (1b) has trochees plus anacrusis instead of iambs (1b‘):

(1b‘) German alexandrine: x|x̄|x|x̄|x || x|x̄|x|x̄ |x(x)|

Ich bin, mein lieber Freund, sehr glücklich, dich zu sehen.

x| x x | x x | x || x | x x | x x | x x

Since the anacrusis forms an unstressed metrical position, prosodic heads are missing there. Yet anacrusis is no counter-evidence to prosodic headedness. The anacrusis does not belong to any measure. With heads of feet being defined as stressed syllables, this is a trivial statement. The question, however, of why there is anacrusis in Germanic poetry, and how it is to be accounted for in a theory of metrics, is not a trivial one. While the Germanic metrical system is a strictly constrained system, the variation with respect to anacrusis is peculiar. In addition, since there is consensus that Germanic metrics is rooted in music (cf. Hofmann 1963, Jammers 1964), which again presupposes isochrony – at least if the singer was musically accompanied by someone else – strong variation of syllable number in the anacruses is unexpected. The complication can be subsumed under two aspects (cf. Noel Aziz Hanna 2010):

1. Anacrusis in Germanic metres is, as a rule, not obligatory.

2. The number of syllables in the anacrusis varies considerably.

How does anacrusis ranging from one to fourteen syllables fit an aesthetic pattern which also gets by without anacrusis? Since there is no foot formation in anacrusis, the answer to why there is no stressed syllable in this position is not a phonological one. The approach presented here assumes a flat prosodic hierarchy, i.e. a prosodic hierarchy which neither extends to morphology nor to

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8 The endings of lines are often marked and in many cases can be related to the beginnings of the following lines. However, this is not always successful and thus cannot serve as an explanation for the occurrence of anacruses. The first anacrusis of a poem, for instance, could not be subsumed under such a principle. Also, offsetting endings of lines against anacruses would require that the number of syllables in anacruses is kept within a limit defined by the extended foot. Apart from that, offsetting endings of lines against anacruses would disregard the function of marked line endings, which signals the end of the line to the recipient of oral poetry.

9 One has to assume with Heusler (1925: §216) that poems with long series of syllables in anacrusis were not sung. Nevertheless, the question remains why anacrusis came into existence at all, i.e. what caused the structure at the beginning of lines.
syntax. Instead it is proposed that anacrusis is best dealt with by considering interactions between phonology, syntax, and information structure.\textsuperscript{10}

The Germanic anacrusis represents a syntactic structure already outlined by Kuhn in the 1930s. Kuhn discusses a systematic difference between Proto-Indo-European and Germanic syntax. Proto-Indo-European beginnings of sentences had been described before by Wackernagel (1892). The Germanic structure corresponding to the Proto-Indo-European version of Wackernagel’s Law means a series of unstressed syllables at the beginnings of sentences. Kuhn’s Law transfers Wackernagel’s Law to Germanic (Kuhn 1933: 8; transl. PN):

\begin{quote}
Sentence particles are found in the first drop of the sentence, i.e. in proclitic position either to the first or to the second stressed word.\textsuperscript{11}
\end{quote}

I suggest that Germanic anacrusis resulted from a compromise between conservative versification and an adaptation to the new state of Germanic syntax. Germanic anacrusis is a remnant of the transition from Proto-Indo-European to Germanic syntax; neither the prestigious Classical Latin nor French poetry, which strongly influenced German literature, share this peculiarity. In Proto-Indo-European syntax, specific words occur in second position after the first word, e.g., coordinating sentence conjunctions, a set of adverbs, and object pronouns. (2) visualises the transition from Wackernagel’s Law in Proto-Indo-European to Wackernagel’s Law in Germanic, using, by way of example, two translations from Latin (cf. bold elements).

\begin{enumerate}
\item \textbf{Latin coordinating sentence conjunction}
\begin{quote}
\textit{Vivamus mea Lesbia, atque amemus, rumoresque senum severiorum omnes unius aestimemus assis!}
\end{quote}
\begin{flushright}
(Catull, \textit{Carmen 5})
\end{flushright}
\item \textbf{German coordinating sentence conjunction (transl. by Eduard Mörike)}
\begin{quote}
\textit{Lass uns leben, mein Mädchen, und uns lieben, Und der mürrischen Alten üble Reden Auch nicht höher als einen Pfennig achten.}
\end{quote}
\end{enumerate}

\textsuperscript{10}Syntactic or information-structural influence on metrical structures are rarely investigated. Hayes (1989: 224), for instance, states: “I would like to suggest that metrical rules NEVER refer to syntactic bracketing. In other words, syntax has effects in metrics insofar as it determines the phrasings of the Prosodic Hierarchy. […] Intuitively, the hypothesis states that meter is essentially a phonological phenomenon.”

\textsuperscript{11}”Die satzpartikeln stehen in der ersten senkung des satzes, in der proklise entweder zu seinem ersten oder zweiten betonten worte.”
In (2a), the enclitic Latin sentence conjunction occurs in second position. The German (2b) and English (2c) translations, in contrast, show the corresponding conjunction in first position. Most Wackernagel elements occur regularly in first position in Germanic, with the exception of Gothic. They can also occur before the second stressed word, because the Wackernagel chain can be interrupted, e.g., by the finite verb.

Initial position of Wackernagel elements corresponds to anacrasis in Germanic metrics. By contrast, in languages with second-position placement of these elements – i.e. the position originally described by Wackernagel – the chance of sequences of unstressed words at the beginnings sentences is low. Gothic, as the oldest attested Germanic language, shows characteristics which are similar to Proto-Indo-European syntax; for example, its enclitic coordinating sentence conjunction - _uh_ ‘and’ occurred in second position.

If the Germanic alliterative verse had its roots in a language with a syntax similar to Gothic, the complication of Germanic anacrasis would not have occurred at first. The change of Proto-Indo-European Wackernagel syntax to the Germanic variant of Wackernagel syntax meant a considerable increase of elements in the left sentence periphery before the first stressed content word (cf. Figure 1; for details cf. Noel Aziz Hanna 2015). The high number of syllables in Germanic anacrasis is the result of language change.

In alliterative verse, the first rhematic word, i.e. usually the first content word, alliterates. Wackernagel’s Law does not encompass elements prone to rhematicity, which is why Wackernagel elements usually do not alliterate. Although the syntax had changed, the metrical system at first remained conservative: The ‘new’ unstressed syllables at the beginnings of sentences were not integrated

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12 cf. Wackernagel’s Law in Krisch’s presentation (Krisch 1997: 283–284):

1. #X(E)............#
   X = one word (default)
   E = Wackernagel enclitic

2. #X(E_1)C(E_2).....#
   E_1 and E_2 = Wackernagel enclitics
   E_1 = enclitic coordinating conjunctions
   E_2 = sentence particles and enclitic pronouns
   C = subordinating conjunctions, relative pronouns, question pronouns, verbs
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Proto-Indo-European syntax
First content word/constituent | Wackernagel element | rest of sentence
Wackernagel element | first content word/constituent | rest of sentence
Germanic syntax

Figure 1: The change from Proto-Indo-European to Germanic beginnings of sentences

rhythmically into the line, because the principle of assigning the stave to the first rhematic word still prevailed.13

Is the Germanic anacrusis a headless position? The above argumentation demands a syntactic perspective on the structure. In order to investigate the serialisation principles within the German Wackernagel chain, a corpus analysis (1,900,000 words, 190,000 sentences from different genres and regions, starting from Old High German)14 was carried out (for details see Noel Aziz Hanna 2015). (3a) with the Wackernagel chain endi – auur gives an example of two adjacent Old High German Wackernagel elements. Elements which interrupt the Wackernagel chain (e.g., finite verbs or prefilds) were skipped, cf. (3b) with the Wackernagel chain: endi – auur – ni.

(3) Scopal serialisation (Wackernagel elements underlined)
   a. Endi auur ist auh chiscriban:
      and but is also written.PI
      ‘And then it is also written:’ (Althochdeutscher Isidor, IV, 11)
   Interrupted chain
   b. Endi so ir auur dhuo ni uuas huuerfandī zi dhes ērrin
      and so he but there not was come.back.PI to the former.GEN.SG
      meghines uueghe.
      virtue.GEN.SG way.DAT.SG
      ‘And so he did not get back there to the way of virtue.’
      (Althochdeutscher Isidor XXIX, 11–13)

13 As literary history shows, this principle of versification was given up with time. There are no long sequences of syllables in anacrusis any more. In early Middle High German, however, trisyllabic anacrusis is still frequent, and anacrusis with five to six syllables can occur (Paul & Glier (1961: §53). In the Nibelungenlied, disyllabic anacrusis is still possible (Reichert 2005: 37). Despite the prestigious Romance ideal of syllable-counting poetry, variation in the anacrusis was upheld as a principle. In the late Minnesang, anacrusis became more and more regulated.

14 I am grateful to the IT-Group of the LMU Munich, especially to Christian Riepl, for their indispensable help in programming the SQL database.
The corpus, in combination with the Gothic evidence, revealed the exceptionless order of elements presented in Figure 2.\footnote{As has been noted above, the chain does not contain rhematic elements. Topicalised negation particles as well as topicalised object pronouns are excluded.}

<table>
<thead>
<tr>
<th>Coordinating sentence conjunctions</th>
<th>Sentence mood markers</th>
<th>Adverbial connectors</th>
<th>Sentence negation</th>
<th>Object pronouns</th>
</tr>
</thead>
</table>

Figure 2: Preferred serialisation in the Wackernagel chain

The serialisation within the Wackernagel chain follows the scope of elements. Coordinating sentence conjunctions precede sentence mood markers which precede adverbial connectors followed by sentence negation and then object pronouns. Scope decreases from left to right in the chain; it causes the default serialisation within the chain.\footnote{Coordinating sentence conjunctions refer to two sentences and thus have the widest possible scope. Following sentence mood markers, such as the Gothic question particle -\textit{u} (cf. Noel Aziz Hanna 2013 for its placement), signal the status of the sequence of words as a sentence by fixing its mood; consequently, these markers are the highest heads of the sentence after coordinating sentence conjunctions. Then follow adverbial connectors and the sentence negation in Wackernagel position; adverbial connectors like German \textit{nämlich} ‘namely’ cannot be negated. When seen in the light of scopal serialisation, enclitic pronouns have the narrowest scope in the Wackernagel chain. As an ordering principle, scope has already been proposed for Hittite (Luraghi 1990).}

Scopal serialisation regulates the organisation of sentence beginnings; clearly neither this principle which regulates the relative position of elements in anacrusis nor the information-structural selection of elements in anacrusis are subject to phonology. Unstressedness in anacrusis is derivable because the involved elements are non-rhematic, contributing to discourse organisation, coherence, and cohesion. Thus, although the effect is stresslessness, its motivation lies in information structure.

4 Natural metrics: privileging a flat prosodic hierarchy

Both phonological theories and theories of metrics differ substantially with respect to the concept of headedness. There are, for instance, theories of metrics based on multi-layered prosodic hierarchies\footnote{I.e. in contrast to a flat prosodic hierarchy, which does not extend to morphology or syntax.} which rely on phonology only and theories of metrics which regard feet without relation to speech rhythm. The re-
lation between head and foot is another controversial issue, both in metrics and phonology; the phonological foot plays a major role in theories of metrics, even if a relation between head and foot is rejected. Metrical terminology transports all sorts of theoretical preconditions; differences in concepts of metrical headedness transport conflicting ideas of prosodic hierarchies.

For illustration, iambicity has been interpreted non-perceptually. Fabb & Halle (2009: 167;170) describe the French alexandrine – as well as all other French syllable counting metres – as iambic:

All French meters are in fact organized into iambic feet. [...] The grid is not a record of the line that we produce or hear.

Fabb & Halle (2009: 171) aim at the representation of their knowledge about the metrical form of a line and note that their approach heightens “the aesthetic pleasure that competent readers derive from reading verse”. This approach shows an iambic interpretation which differs strikingly from the iambic interpretation of both poets and metricists presented in the sections above. Though it is based on headedness, the concept is not linked to the perception or production of linguistic rhythm.

The metrical approach of Hayes (1989: 221) points to another direction, representing a synchronic categorisation of metrical production: “Metrics can be defined as the study of how conventionalized rhythmic patterns are manifested in linguistic material”. Being grounded on multi-layered phonology and stressing parallelisms between metrical and prosodic hierarchies, metrics remains within the field of phonology. With respect to anacrusis, Hayes (1989: 256-257) describes the beginnings of lines as “extra freedom”:

It may be that the principle [“beginnings free, endings strict”] must be accepted as a basic postulate of metrics, unless it follows from deeper psychological principles unknown to me.

While natural metrics shares with Hayes’ theory the close orientation to the linguistic material, it differs from it with respect to the role of linguistic subsystems other than prosody.

Among the phonological theories which criticise multi-layered phonological hierarchies is the approach of Halle & Idsardi (1995: 439;440–441):

We deny the hypothesis that units of prosody are strictly layered in a hierarchy. [...] In our framework, the foot is not a theoretical primitive. Rather,
metrical boundaries are placed among the stress-bearing elements. In this way, the sequence of stress-bearing elements is subdivided into constituents of various kinds, including iambs and trochees, although iambs and trochees have no privileged status.

Subsequently, the relation between head and foot has at times been called into question. For instance, Hyde (2002: 313), in an OT analysis of binary stress systems, proposes that feet can overlap, making the foot-stress relationship violable and “allowing feet to remain stressless under appropriate rankings”. Similarly, the common structure of poetic and phonological feet has been questioned: “Poetic feet are constituents, and they can be aligned to stress positions, but they have no heads” (Van Oostendorp 2017: 1); accordingly, poetic feet exist just in the interface with phonology since they have no ontology of their own (Van Oostendorp 2017: 11).

The different conceptions of theories of metrics demonstrate that phonological theory is directly transferred to theories of metrics. As a matter of course, this is also the case with natural metrics. Natural phonology neither fits the idea of non-perceptual metrics nor the idea of hierarchical levels in the sense of phrasal phonology which extends to morphology or syntax. In the preceding sections, I have argued instead that prosody, syntax, and information structure are stylised in metrical systems. The phonological share in the metrical system of Standard German has been described with reference to stressed and unstressed syllables building left-headed feet. It has been argued that specific phenomena like anacrusis are derivable from linguistic subsystems other than phonology. Natural metrics privileges a flat prosodic hierarchy.

In contrast, in phonological approaches with multi-layered prosodic hierarchies, the prosodic word, which rests on stress and foot formation, is considered the domain of basic foot formation (e.g., Nespor & Vogel 1986). Féry (2000: 147) notes that the prosodic word ideally conforms to a language’s unmarked foot which at the same time is the unmarked prosodic word. From the point of view of the framework presented in this paper, Occam’s razor applies, since the prosodic word is an extra assumption. Rhythmic well-formedness conditions are not restricted to the domain of the word but, on the contrary, apply to well-formedness

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18 An anonymous referee notes: “I take it that metrics is by definition abstract knowledge of poetic forms, and therefore, by its very nature, non-perceptual.” Literary history documents how this knowledge was arrived at; the genre of poems provides evidence for a perceptual basis of metrics. To give an example, Voß, with his poems Zeitmessung [The measuring of time] (1802), introduced a list of criteria which aimed at enabling poets to distinguish between long, short, and middle-timed syllables.
on the sentence level (e.g., Vennemann 1986: 58, Noel Aziz Hanna 2003). The prosodic word, from a sentence-rhythmic perspective, is a result of rhythmic descriptions of isolated words; word lists in turn are one-word sentences and thus marked occurrences. As another part of the multi-layered prosodic hierarchy, the clitic group was developed, because the prosodic word was considered to be not larger than a complete morphological word. Thus clitics cannot form a phonological word with their hosts – a notion which sometimes has been doubted (cf. e.g., Stechow 2008: 54).

There is no evidence for a stylisation of prosodic words or clitic groups in the German metrical patterns known to the author of this paper. If the assumed iambic feet of the German alexandrine coincided with prosodic words, the choice of words would be very limited. In addition, the choice of elements in anacrusis is not derivable from phonology. A flat prosodic hierarchy matches not only the output of generations of singers and authors but also traditional philological analyses. Paul (1905: §16); transl. PN) describes the German versification system as follows:

It is the nature of German verse that the measures in which it is organised follow the rhythm of natural speech, i.e. measures of speech, and start with the most stressed syllable. The first measure may be preceded by an anacrusis of one or more unstressed syllables. This organisation has been characteristic of the earliest rhyming poetry and has been obscured temporarily in learned poetry but never in folk verse (syllable counting).

Both aspects, anacrusis and the German prerequisites for successful syllable counting, have been treated in this article from the perspective of speech rhythm typology while at the same time considering the interactions of phonology, syntax and information structure. The approach takes both the metrical patterns’ origin from spoken language into account as well as the original function of metrics as a mnemonic device. The fact that German metrics has from its beginnings

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19 An anonymous referee asks: “Does the author wish to claim that rhythmic well-formedness conditions only apply at the sentence level or that they apply within both word and sentence phonology?” Rhythmic well-formedness conditions also apply to one-word sentences. Since, however, one-word sentences are not the rule, but the exception, phenomena like rhythmic asymmetries find their motivation on the level of the sentence (Noel Aziz Hanna 2008a).

20 “Es gehört zum Wesen des deutschen Verses, dass die Takte, in die es zerfällt, sich an die Takte der natürlichen Rede, die Sprechtakte anschließen und mit der stärkstbetonten Silbe beginnen. Dem ersten Takte kann ein aus einer oder mehreren unbetonten Silben bestehender Auftakt vorangehen. Diese Gliederung kennzeichnet schon die älteste Reimdichtung und sie ist nur vorübergehend in der Kunstdichtung, nie in der Volksdichtung verdunkelt (Silbenzählung).”
be based on feet provides independent evidence for the psycholinguistic reality of prosodic heads. What constitutes a head in a metrical pattern changes when the phonological system changes (cf. e.g., Vennemann 1995, Noel Aziz Hanna 2008b).

Coming back to the integration of the French alexandrine, the metrical question at issue is why the German alexandrine has traditionally been described as metre with right-headed feet instead of a left-headed one with anacrusis. According to Rudolf Westphal (1892: 154), one of the founders of comparative metrics, it is irrelevant whether one talks of an iambic pattern or a trochaic one with anacrusis because they are one and the same thing.21 In contrast, in the proposed framework of natural metrics, the evolution of an iambic or a trochaic metre makes a significant difference. Right-headed metres are to be expected for right-headed prosodic systems, left-headed metres for left-headed prosodic systems. The trochee as a left-headed foot fits in well with the German poetic tradition as well as with Germanic prosody. Right-headed feet, however, neither fit the German poetic tradition nor German prosody.22

Yet metrical terminology is not arbitrary but of cultural interest. The evolution of the German alexandrine as an iambic metre with six feet from a French source without feet has been argued to result from the language-specific imitation of a prestigious non-native pattern. Building feet (in addition to syllable counting) is a foreign language interference. The traditional metricists’ terminology of the ‘iambic’ alexandrine rests on the same linguistic interference. The reason, however, why the alexandrine could be successful in German literature is that it was produced by German authors and perceived by German listeners as a trochaic metre with anacrusis.

Natural metrics allows an analysis of the language-specific emergence of metrical systems. Deviations from the expected, such as the existence of anacrusis or a right-headed metrical pattern despite a left-headed phonological system, are not interpreted as arbitrary occurrences but as indices in the Piercean sense. The German alexandrine and the Germanic anacrusis point to collective phonological and syntactic knowledge. In this sense, deviations from the expected metrical patterns lead to new research questions.

21“Es ist genau dasselbe, ob wir Iambus oder anakrusischer Trochäus sagen.”
22An anonymous referee notes: “Given that English boasts an impressive tradition of poetry written in iambic pentameters, I am reluctant to accept these claims.” The name of the English metre does not lead to a decision here. While the genealogy of the English iambic pentameter is controversial (Classical, native, Romance, mixed), the English iambic pentameter “had been written in great numbers for two centuries (Chaucer) before it was given any Cl[assical] name” (Preminger & Brogan 1993, s.v. pentameter).
5 Conclusion

At the beginning of this paper, three aspects were emphasised:

1. Language contact: Poetic metres which are designed without metrical heads cannot be transferred to German without heads.

2. Language change and syntactic structure: German(ic) anacruses are ‘headless’ structures in terms of prosody – but the result of subsystem interactions.

3. Theory of metrics: Natural metrics privileges a flat prosodic hierarchy.

The three aspects were exemplified by the integration of the French alexandrine into German and by the evolution of Germanic anacrusis. The fact that the German alexandrine uses feet, even though it was integrated into the German metrical system from a source without feet, provides independent evidence for the psycholinguistic reality of phonological feet. The head of the foot is the stressed syllable. It is salient for both producers and recipients of language and poetry.

Anacrusis, trivially, means a succession of unstressed syllables at the beginnings of lines; these syllables are not grouped into feet. This peculiar asymmetry in poetic form cannot be motivated on phonological grounds alone. Instead, Germanic anacrusis has been motivated by an interaction of phonology, syntax, and information structure; more exactly, it stems from a transition of Wackernagel’s Law from Proto-Indo-European to Germanic.

Prosodic words, clitic groups, and other aspects of a multi-layered prosodic hierarchy have not been stylised in German versification. In a framework of natural metrics, both the German alexandrine and the Germanic anacrusis provide evidence for a flat prosodic hierarchy.

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References


9 Heads and feet in prosody, poetry, and natural metrics


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